

☀ **MAY AND JUNE AT EAST ROCK CREEK VILLAGE** ☀

Fridays, May 18, & 25 (no May 11), 3:00 pm

**CHAIR YOGA FOR SENIORS**

- A gentle movement class that can be enjoyed by anyone; Antonia has been offering Chair Yoga at ERCV for several months. Classes last about one hour and are accompanied by classical music. No need to sign up for the class ahead of time; service members may request a ride by calling the office.

Sunday, May 20, 3:00-5:00 pm

**VILLAGE GAME AFTERNOON AND OPEN HOUSE**

- Join us at the ERCV Office for good company and light refreshments.
  - Village Game Afternoon: Enjoy board games, interactive games, & card games. Bring your favorite game and come have some fun!
  - Open House – Learn about ERCV membership and programs.

**? BOOK CLUB AND GAME DAY ?**

- **Book Club**: We would like to determine if there is any interest in continuing the ERCV book club. We have had two meetings with very little participation. So, if you would like this to continue, please email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org) and let us know! Be sure to let us know your preferred meeting day and time (middle of the day? evening? mid-week? weekend?).
- **Game Day**: We are looking for card players! If you play poker, bid whist, or bridge, and would be interested in having a tournament, email us at [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org)

**SWING INTO SPRING - JUNE 10, 5-7 pm**

Have you purchased your ticket yet? **The deadline is May 25** to reserve your seat. We have received commitments from nine restaurants for food and desserts! You do not want to miss this rare opportunity to sample the variety of eating establishments at our doorstep.

Single tickets are \$75; for two, \$125; and for a table of eight, \$500.

Go to [www.eastrockcreekvillage.org](http://www.eastrockcreekvillage.org), click on "Register" under the Swing into Spring heading at the top, and pay for your tickets online *via* Paypal.

☀ . . . and some community events that caught our eye & might interest you: ☀

- **DC OFFICE ON AGING “2<sup>ND</sup> ANNUAL BRAIN GAMES”** – Join a team and represent your Ward! Registration: May 15-June 29; Championship: September 12. Contact your Lead Agency to register: Ward 4 – TERRIFIC: 202-882-1824.
- **Wednesday, June 6, 7 pm: Presentation by Lonnie Bunch, director of the National Museum of African American History and Culture:** At Shepherd School Auditorium, sponsored by the Shepherd Park Citizens Association. Free and open to the whole community. Mr. Bunch lives in Shepherd Park.
- **Monday, June 11, 7-9 pm: “Death Café:”** “At Death Café, we drink tea, eat cake, and discuss death. The aim is to increase awareness of death to help ourselves make the most of our (finite) lives. What’s on your mind about death and dying?” This is a discussion group, not a grief support group. Discussion will cover whatever topics or questions participants bring. Coffee/tea and desserts will be provided. Sarah Farr, the leader, is founder of Death Positive DC and a local end-of-life doula. Free event. At Rhizome DC, 6950 Maple St., NW, Washington, DC 20012. Parking on street is plentiful; there is also a small lot behind Rhizome. Rhizome DC is a nonprofit community arts space, & donations to the space are welcome (but not required).
- **Tuesday, June 19: DC Primary Election:** There are a number of offices on the ballot in Ward 4: Delegate to the House of Representatives, Mayor, Council Chair, At-Large Council Member, Attorney General, Shadow Senator, Shadow Representative. There are also several party seats on the ballot, as well as Initiative 77 regarding minimum wage. For more information or to register to vote, visit [www.dcboe.org](http://www.dcboe.org) You can apply to be an election worker by going to [www.dcboe.org/Apply-to-be-an-Election-Day-Worker](http://www.dcboe.org/Apply-to-be-an-Election-Day-Worker) **Be sure to vote on election day.** If you are an ERCV service member, you can request a ride by calling the office at 202-656-7322 or email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org)

### **SUPPORT ERCV WHEN YOU SHOP AMAZON**

ERCV is registered with AmazonSmile Foundation, so if you register us as your charity and bookmark the following link, all your eligible shopping will benefit us—we will receive a yearly donation from the foundation: <http://smile.amazon.com/ch/46-3491502>

We will be most appreciative!